

# Spa Menu

Spa reservations may be made from 8:30 a.m. to 7 p.m. by calling 707.944.0553. Services are available from 8 a.m. to 8 p.m. daily. Twenty-four hour cancellation notice is required to avoid being charged in full.

At La Residence we believe in tailoring all guest experiences, including spa treatments. All treatments are designed to relax the body and mind. Please choose your desired length of time and then choose the treatment that best suits your needs...

60 / 90 / 120 minutes (\$100 / \$150 / \$200)

## DEEP TISSUE MASSAGE

Uses deep, firm massage techniques to release deep tension.

60 / 90 / 120 minutes

## REVITALIZATION MASSAGE

Uses rosemary and mint aromatherapy. Excellent for combatting jetlag, stress and/or fatigue.

60 / 90 / 120 minutes

## COUPLES' MASSAGE

Enjoy a nurturing treatment for you and that special someone.

60 / 90 / 120 minutes (\$200 / \$300 / \$400 per couple)

## NECK, SHOULDERS, HANDS & FEET

Enjoy a foot scrub and cozy foot wrap as well as a neck, shoulder, and hand massage.

60 / 90 / 120 minutes

## FACIAL

Nourish and renew your skin with an organic treatment.

60 minutes

## Our Favorites

### FROM THE VINES

This grapeseed and rosemary back exfoliation followed by a full-body lavender grapeseed lotion massage nourishes your skin with healing properties from the vine.

90 / 120 minutes (\$150 / \$200)

### INDULGENCE

Enjoy three hours of total indulgence! A truly luxurious combination of our signature treatments: an herbal facial, hair and scalp renewal, full-body polish, and complete massage.

180 minutes (\$300)

Add a body polish, nourishing facial and/or a scalp & hair treatment to any massage.